

ROAD.TO.GOLD K-5 MONTHLY TOPICS

SEPTEMBER

GROWTH MINDSET
&
GOAL SETTING

OCTOBER

RELATIONSHIPS
&
RESPECT

NOVEMBER

CONFLICT RESOLUTION
&
SELF CONTROL

DECEMBER

SOCIAL CONTRIBUTIONS
&
SUPPORT SYSTEMS

JANUARY

SELF EFFICACY
&
SELF-KNOWLEDGE

FEBRUARY

FAIRNESS
&
FRIENDSHIP

MARCH

STRESS MANAGEMENT
&
RESILIENCE

APRIL

EMPATHY
&
ACTIONS & CONSEQUENCES

MAY

HEALTHY BOUNDARIES
&
MINDFULNESS